

LIVE ON PURPOSE *with Faith & Hope :)*

A MONTHLY NEWSLETTER TO INFORM, INSPIRE & ENGAGE



THE GIRL POWER ISSUE

"A girl is like a rose sought by many."

~Asian Proverb

Hi Friends!

We hope this issue of *Live On Purpose* finds you in high energy and ready to take action! October is national domestic violence awareness month and while the subject can be a depressing one, we are choosing a different approach to the issue (a much happier and proactive one). We believe that the most effective way to keep women (and men) from becoming victims is to first help them realize their value. Find out more about our approach in this month's Good Karma Section or visit www.moazenjewelry.com/good-karma-challenge. We also invite you to participate in our Exercise for the Soul, a simple set of actions that can help improve your own self-image, that of your peers, and the impressionable young girls around you. Dive into our Epiphany read too! It's packed with encouraging messages to help create confident, wise & full of life young girls. Will you help us in the effort to proactively combat domestic violence? It's as easy as a girl power pep talk :-)
Have one with your daughter, niece, cousin or friend- it's never too early to remind a girl of her value.

XOXO

Faith & Hope

Exercise for the Soul

MODEL CONFIDENCE!

Children are great imitators. So give them something great to imitate.

We invite you to participate in our **Exercise for the Soul**: An effort to show girls how to love themselves and others.

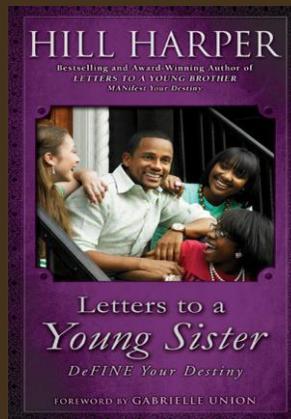
Encourage positive self-image by eliminating the following negative behaviors in front of young girls:

1. Avoid 'fat talk' or other self-criticizing commentary. Don't like something? Fix it but don't beat yourself up.
2. Avoid woman bashing. Find something nice to say or choose to be silent.

Epiphany READ!

LETTERS TO A YOUNG SISTER

BY: HILL HARPER



Harper shares his powerful wisdom for young women everywhere, drawing on the courageous advice of the female role models who transformed his life. Hill helps his young sister build self-confidence, self-reliance, self-respect, and encourages her on her journeys towards becoming a strong and successful woman. Pick up a copy online or in your local library!

Good Karma!

THIS MONTH'S CHALLENGE:

For full details see-

www.moazenjewelry.com/good-karma-challenge



LAST MONTH'S CHALLENGE WINNER:

MAVIS GANT

CHARLOTTE, NORTH CAROLINA

"MOUNITY" EVENT CALENDAR

10.12.2013 GLP Service Workshop @ KIPP Charlotte

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